**New You – Derry Long**

*Growing Up Before You Grow Old*

1 Corinthians 13

**Pray**

Have someone pray for the small group discussion.

**Read 1 Corinthians 13**

**Reflection:**

* Each person is born with four non-optional developmental needs.
* If one or more of these needs, particularly as a child, are not adequately met we are frozen in that area of our life, while the other aspects of our being continue to grow.
* Derry shared that due to these developmental needs going unchecked in his life lead to a year long bout of depression.

**Questions and Thoughts to Consider:**

* How do we recognize and unfreeze these areas, so we can fully be who we are, and fully love as we are designed to love.
* The Four Non-optional developmental needs of our Lives:

1. The Need for Attachment, safety and relationship.
2. The need for separateness and identity.
3. The need for separating good and bad, or worth from failure.
4. The need for responsibility and authority or standing and protecting your personal space.

**Reflection:** To the degree I am functioning in these four areas is the degree to which I can love the Lord, myself, and others. Could it be that this is the goal the Lord has for some of us, as we begin a new year?

**Read:** Judges 6:11-23

**Pray and Conclude**