**Psalm 1:1-4**

*A Blessed Life*

FULL TEXT: Psalm 1:1-4

A blessed life is known by things that are not done. (v.1)

Walk Stand Sit

**Thinking Doing Being**

*Thoughts Actions Identity*

1. Doesn’t walk in the counsel of the wicked.  
   *Seek God-given wisdom.*
2. Doesn’t stand in the way of sinners.  
   *Act with God-honoring intentions.*
3. Doesn’t sit in the seat of scoffers.

*Live from a God-purposed identity.*

A blessed life is known by things that are done. (v. 2)

1. Does delight in God’s revelation.  
   *Take joy in God’s giving of Himself.*
2. Does meditate on it throughout the day.  
   *Defaults to a dependent posture.*

A blessed life is like a healthy tree. (v. 3)

*Show image:* [*http://cogop.org/wp-content/uploads/2016/05/a-beautiful-tree.jpg*](http://cogop.org/wp-content/uploads/2016/05/a-beautiful-tree.jpg)

An unblessed life is like hay. (v. 4)

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Truth must shape our experience, not our experience shape the truth.

* In what ways are you pursuing blessing apart from dependence on the work of Jesus?
* What thoughts, actions, or identity do you need to turn from as you turn to Jesus?
* What truth do you need to delight in and meditate on?