

# Sample DGroup Meeting Schedule

There will be overlap and stretching/contracting of some of these times and categories.

## **10 minutes - Arrival and friendly catching up discussion**

- How's the week been? Do anything fun on the weekend? How are things at work/home? Etc.

## **10 minutes - Transition into more focused time**

- Review things discussed or learned in the previous weeks.
- Talk about growth in the things you are learning.
- Ask about how we have done living out the truths and accountability we have been pursuing together? This can be the time for confession of sin, but also for sharing ways we are seeing God work through us and grow us.
- Be intentional in asking about moments during the week where opportunities arose to speak gospel truths.

## **5 minutes - Remember the DGroup's Purpose**

- Reinforce the DGroup's goals:
  - Gospel Dialogue
  - Transparent Friendship
  - Seeking the Lost
- Remind members to be thinking towards replication.
- Wrap up the reflection time by reminding people that their worth is not found in their success or failure to do these things. Rather, they are loved and accepted only because of Jesus's death and resurrection on their behalf.

## **35 minutes - Focused Study**

- This is the "facilitating" time or the time to go through Gospel-Centered Life or REAP together. Be prepared to talk through the major points from GCL or bring a few notes on the REAP passage from your personal study.
- Transition into application. Be prepared for this, but help group members to seek application themselves also.

## **15 minutes - Discuss application/goals for the next week**

- This can include the chapters to be read, but also vocalizing the way we can apply ourselves to growing in the truth we are learning between now and the next meeting.

## **15 minutes - Closing Prayer**

- Have each person share a request for themselves, then also share requests for others and the church. Encourage everyone to take notes on the prayer requests (with full assurance of confidentiality) and be praying for each other throughout the week.
- Either have one person pray or have each person pray for a partner or pray around the circle for someone adjacent.

**Total time:** One hour and thirty minutes