



ROMANS 8

A NINE-WEEK
BIBLE READING PLAN

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“Someone has said that in the whole of the Scriptures the brightest and most lustrous and flashing stone, or collection of stones, is this Epistle to the Romans, and that chapter 8 is the brightest gem in the cluster.”

D. Martyn Lloyd-Jones

“There is no other chapter in which so many glorious truths are marshaled to help us obey only one implied command: Live by the Spirit not the flesh and so fulfill the whole law – that is, love one another.”

John Piper

*“If you know this chapter you know the heart of the Bible.
If you know this chapter you know the gospel.”*

Tim Challies

INTRODUCTION

If there's one chapter of the Bible worthy of extended study and memorization, Romans 8 is at the top of the list. Like a load-bearing beam in a house, Romans 8 can bear the weight of providing a safe refuge for our faith. It supports deep theological truths and offers profound spiritual comfort. Whether you're new to the Bible or have taught the Bible for years, you will benefit from a slow reading of Romans 8. One of the best descriptions of this chapter and its contents is by Douglas Moo, a preeminent New Testament scholar:

Romans 8 has been called the 'inner sanctuary within the cathedral of Christian faith.' It sets before us some of the most wonderful blessings we enjoy as believers; being free from God's condemnation, indwelt by God's own Spirit, adopted into his family; destined for resurrection and glory, and full of hope because of God's love for us and because of his promise to bring good to us in every circumstance of life.

We invite you to read, reflect, and rest in the glorious riches of God's word. We pray God by his Spirit reveals marvelous things to you from his word and that you apply the truth of the gospel in your sphere of influence. Ultimately, we hope you will love Jesus and look more like him after this nine-week study of Romans 8.

METHOD

On each day of the week, we provide you with a few prompts to help you read and reflect about the passage. The prompts don't change, but you'll apply them to a new section of Romans 8. We're adopting the REAP method for this Bible reading journey. We hope you'll find it helpful and will use it regularly as you read the Bible. The method is simple: read, examine, apply, and pray.

Read – read and observe what the passage says

Examine – ask questions, make notes, summarize, compare/contrast, consider similar passages from other places in the Bible

Apply – consider your head (what can you know or learn),
consider your heart (how does this shape what you love),
consider your hands (how can you act or practice this text)

Pray – we cannot read, examine, or apply the Bible without God's help

WEEK 1

MONDAY

- Read the passage twice.
- Examine: Write down any questions that come to your mind about these verses.
- Apply: What can we know about God from this passage?
- Pray: Speak praises to the Lord for the ways he's shown his character in this text.

TUESDAY

- Read the passage twice.
- Examine: Write down any other Bible references that might relate to these verses.
- Apply: What can we learn about ourselves from this passage?
- Pray: Confess to the Lord areas of your life that don't align with this text.

WEDNESDAY

- Read the passage twice.
- Examine: Write a one or two sentence summary of these verses in your own words.
- Apply: How does this text help us understand our neighbors better?
- Pray: Ask the Lord to help you love your neighbors this week.

THURSDAY

- Read the passage twice.
- Examine: Try to write these verses from memory, as best you can.
- Apply: How can you live out the truth of this text in the next 24 to 48 hours?
- Pray: Thank the Lord for the gift of his word.

FRIDAY

- Read the passage twice.
- Examine: Write down your best responses to the questions you wrote on Monday.
- Apply: Who can you tell about what you've studied this week? What part of this text might they need to hear?
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