

# LIFE-SHAPING INFLUENCES

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## GOALS OF EXERCISE

### 1. RECOGNIZE GOD'S ACTIVITY

We want to know and recognize where God is working in our lives. This process will help you evaluate key relationships and experiences that have made you who you are.

### 2. GENERATE GROUP CONNECTIVITY

This grid will help your group build relational connectivity instantly. You should be as transparent as you want others to be. Community is built by sharing stories in an affirming, non-threatening format. Remember that there is nothing you can share that hasn't already been covered by the blood of Jesus.

### 3. HELP YOU TELL YOUR STORY

Sometimes it's easy to get lost in the details when you tell your story. This process will provide a framework whereby you can simply and deeply tell your story.

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## ACTION STEPS

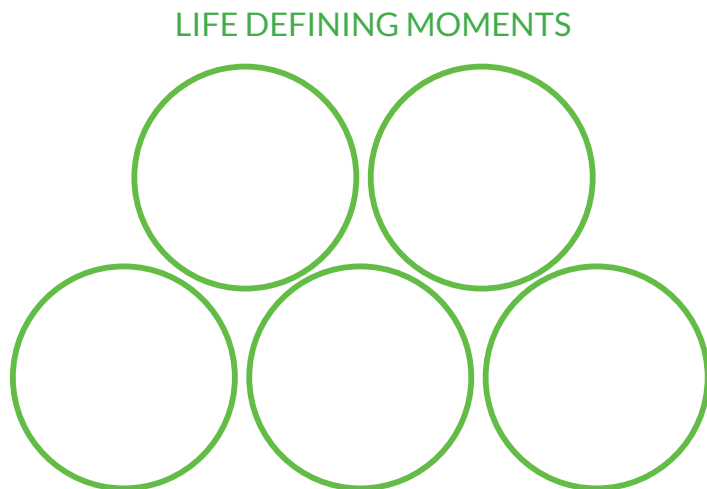
### 1. THREE TRIANGLES

Think about three individuals who have had the most significant influence upon your life. Think holistically, including your learning, spiritual growth, and entire life. Write down one of their names in each of the three triangles. Explain to the group who each person is a why you wrote their name.



### 2. FIVE CIRCLES

Think about five defining moments of your life. Most of them happen before age 30. Write one moment in each circle.



### 3. THREE SQUARES

Think about three individuals into whom you have poured most of your life and ministry. It can be children or leaders or whomever God brings to mind. You're looking for people who most carry your spiritual and leadership DNA.



#### 4. CORE VALUES

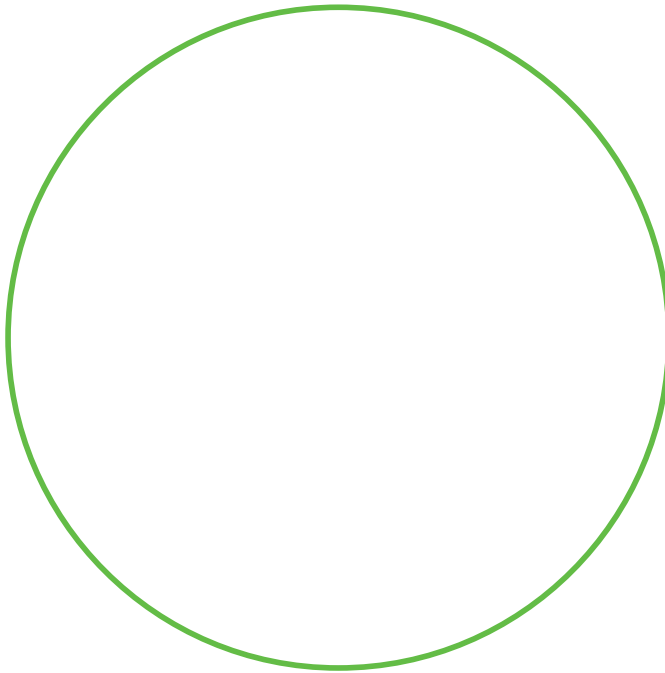
Based on the three significant influencers, your five defining moments, and the three people who carry your spiritual/ leadership DNA, review these things and think about your whole life. What would you identify as your four core values – those things at the core of who you are.

#### CORE VALUES


#### 5. WHAT'S NEXT

Based on all you've done thus far and thinking through what God has been revealing to you over the last 6-12 months, write down what you think God may be preparing you for or doing in you as a next step in your life.

#### WHAT'S NEXT



#### 6. KEY QUESTIONS

- Why are you here in this DGroup?
- What have you observed most from this exercise?
- What do you want or need to learn right now?
- What is your biggest prayer request right now?

#### KEY QUESTIONS
